

N.C Jindal Public School  
Punjabi Bagh, New Delhi  
Session-2024-2025,  
Subject: DANCE, CLASS -4th

Teacher's Name  
Mr.Jaiprakash Sisodia,  
Ms.Anjali Saini

TERM-I

- .Ekgoon,dugoon of Tatkar in Teentaal.
- .Three feet round in Teen Taal.
- .Five feet round in Teen Taal.
- .Hastakas and it's variations in double beat.
- .Practice of padanth. Teen taal

TERM-II

- .Tukra in Teen taal 4 and Round
- .Kavit in Teen taal.
- .Movements of Folk dance .
- .Steps of folk dance in single and double beat.
- .Practice of all.