

N C JINDAL PUBLIC SCHOOL, PUNJABI BAGH, NEW DELHI

ANNUAL CURRICULUM (2026-2027)

CLASS - XI	SUBJECT : PSYCHOLOGY	SUBJECT TEACHER (PREPARED BY) : MS. LATIKA GROVER			DESIGNATION: PGT-PSYCHOLOGY		
ACADEMIC BOOK	CHAPTER NAME	CHAPTER TOPIC / SUB TOPIC	TERM	START DATE	END DATE	NO. OF PERIODS	
PSYCHOLOGY (NCERT)	CHAPTER :1 WHAT IS PSYCHOLOGY?	1. INTRODUCTION	PT 1 HYE ANNUAL EXAM	16/04/26	18/04/26	10	
		2. WHAT IS PSYCHOLOGY?					
		. PSYCHOLOGY AS A DISCIPLINE					
		. PSYCHOLOGY AS A NATURAL SCIENCE		20/04/26	24/04/26		
		. PSYCHOLOGY AS A SOCIAL SCIENCE					
		3. UNDERSTANDING MIND & BEHAVIOUR		PT 1 HYE ANNUAL EXAM	27/04/26		30/04/26
		4. POPULAR NOTIONS ABOUT THE DISCIPLINE OF PSYCHOLOGY					
		5. EVOLUTION OF PSYCHOLOGY					
		6. DEVELOPMENT OF PSYCHOLOGY IN INDIA					
		7. BRANCHES OF PSYCHOLOGY					
		8. PSYCHOLOGY AND OTHER DISCIPLINES					
9. PSYCHOLOGY IN EVERYDAY LIFE							
PSYCHOLOGY (NCERT)	CHAPTER : 2 METHODS OF ENQUIRY IN PSYCHOLOGY	1. INTRODUCTION	PT 1 HYE ANNUAL EXAM	11/05/26	15/05/26	32	
		2. GOALS OF PSYCHOLOGICAL ENQUIRY					
		. STEPS IN CONDUCTING SCIENTIFIC RESEARCH					
		. ALTERNATIVE PARADIGMS OF RESEARCH		01/07/26	04/07/26		
		3. NATURE OF PSYCHOLOGICAL DATA					
		4. SOME IMPORTANT METHODS IN PSYCHOLOGY		PT 1 HYE ANNUAL EXAM	06/07/26		10/07/26
		. OBSERVATIONAL METHOD					
		. EXPERIMENTAL METHOD					
		. CORRELATIONAL RESEARCH					
		. SURVEY RESEARCH					
		. PSYCHOLOGICAL TESTING					

		. CASE STUDY		11/07/26	18/07/26	
		5. ANALYSIS OF DATA				
		. QUANTITATIVE METHOD		13/07/26	18/07/26	
		. QUALITATIVE METHOD				
		6. LIMITATIONS OF PSYCHOLOGICAL ENQUIRY		20/07/26	24/07/26	
		7. ETHICAL ISSUES				
PSYCHOLOGY (NCERT)	CHAPTER: 3 HUMAN DEVELOPMENT	1. INTRODUCTION	HYE ANNUAL EXAM	27/07/26	31/07/26	26
		2. MEANING OF DEVELOPMENT				
		. LIFE-SPAN PERSPECTIVE ON DEVELOPMENT				
		3. FACTORS INFLUENCING DEVELOPMENT		01/08/26	07/08/26	
		4. CONTEXT OF DEVELOPMENT				
		5. OVERVIEW OF DEVELOPMENT STAGES		10/08/26	14/08/26	
		. PRENATAL STAGE				
		. INFANCY		17/08/26	21/08/26	
		. CHILDHOOD				
		. CHALLENGES OF ADOLESCENCE		24/08/26	27/08/26	
		. ADULTHOOD AND OLD AGE				
PSYCHOLOGY (NCERT)	CHAPTER : 4 SENSORY, ATTENTIONAL & PERCEPTUAL PROCESSES	1. INTRODUCTION	HYE ANNUAL EXAM	01/09/26	03/09/26	18
		2. KNOWING THE WORLD				
		3. NATURE & VARIETIES OF STIMULUS				
		4. SENSE MODALITIES				
		. FUNCTIONAL LIMITATION OF SENSE ORGANS		05/09/26	10/09/26	
		5. ATTENTIONAL PROCESSES				
		. SELECTIVE ATTENTION		28/09/26	30/09/26	
		. SUSTAINED ATTENTION				
		6. PERCEPTUAL PROCESSES				
		. PROCESSING APPROACHES IN PERCEPTION		01/10/26	03/10/26	
		7. THE PERCIEVER				
		8. PRINCIPLES OF PERCEPTUAL ORGANISATION		05/10/26	09/10/26	

		9. PERCEPTION OF SPACE, DEPTH & DISTANCE		12/10/26	16/10/26	
		. MONOCULAR CUES & BINOCULAR CUES				
		10. PERCEPTUAL CONSTANCES		21/10/26	23/10/26	
		11. ILLUSIONS				
		12. SOCIO-CULTURAL INFLUENCES ON PERCEPTION		27/10/26	30/10/26	
PSYCHOLOGY (NCERT)	CHAPTER : 5 LEARNING	1. INTRODUCTION	PT 2 ANNUAL EXAM	02/11/26	06/11/26	20
		2. NATURE OF LEARNING				
		3. PARADIGMS OF LEARNING				
		4. CLASSICAL CONDITIONING				
		. DETERMINANTS OF CLASSICAL CONDITIONING		12/11/26	13/11/26	
		5. OPERANT/ INSTRUMENTAL CONDITIONING				
		. DETERMINANTS OF OPERANT CONDITIONING				
		. KEY LEARNING PROCESSES		16/11/26	20/11/26	
		6. OBSERVATIONAL LEARNING				
		7. COGNITIVE LEARNING				
		8. VERBAL LEARNING				
		9. SKILL LEARNING		23/11/26	27/11/26	
10. FACTORS FACILITATING LEARNING						
11. LEARNING DISABILITIES						
PSYCHOLOGY (NCERT)	CHAPTER : 6 HUMAN MEMORY	1. INTRODUCTION	PT 2 ANNUAL EXAM	30/12/26	04/12/26	19
		2. NATURE OF MEMORY				
		3. INFORMATION PROCESSING APPROACH: THE STAGE MODEL				
		4. MEMORY SYSTEMS: SENSORY, SHORT-TERM & LONGTERM MEMORIES		07/12/26	11/12/26	
		5. LEVELS OF PROCESSING				
		6. TYPES OF LONG TERM MEMORY				
		. DECLARATIVE & PROCEDURAL: EPISODIC & SEMANTIC		21/12/26	24/12/26	
		7. NATURE AND CAUSES OF FORGETTING				
		. FORGETTING DUE TO TRACE DECAY, INTERFERENCE & RETRIEVAL FAILURE		28/12/26	31/12/26	
		8. ENHANCING MEMORY				
				29/12/26	31/12/26	

		. MNEMONICS USING IMAGES AND ORGANISATION				
PSYCHOLOGY (NCERT)	CHAPTER : 7 THINKING	1. INTRODUCTION	ANNUAL EXAM	16/01/27	22/01/27	14
		2. NATURE OF THINKING				
		. BUILDING BLOCKS OF THOUGHTS				
		3. THE PROCESSES OF THINKING				
		4. PROBLEM SOLVING				
		5. REASONING				
		6. DECISION MAKING		25/01/27	29/01/27	
		7. NATURE AND PROCESS OF CREATIVE THINKING				
		. NATURE OF CREATIVE THINKING				
		. PROCESS OF CREATIVE THINKING				
		8. THOUGHTS AND LANGUAGE				
		9. DEVELOPMENT OF LANGUAGE ANND LANGUAGE USE				
PSYCHOLOGY (NCERT)	CHAPTER : 8 MOTIVATION & EMOTION	1. INTRODUCTION	ANNUAL EXAM	01/02/27	06/02/27	14
		2. NATURE OF MOTIVATION				
		3. TYPES OF MOTIVATION				
		. BIOLOGICAL MOTIVES				
		. PSYCHOLOGICAL MOTIVES				
		4. MASLOW'S HIERARCHY OF NEEDS				
		5. NATURE OF EMOTIONS				
		6. EXPRESSION OF EMOTIONS				
		. CULTURE AND EMOTIONAL EXPRESSION				
		. CULTURE AND EMOTIONAL LABELLING				
		7. MANAGING NEGATIVE EMOTIONS				
		8. ENHANCING POSITIVE EMOTIONS				
		REVISION FOR PRE-BOARD EXAMINATION		15/02/27	20/02/27	06

PREPARED BY: MS LATIKA GROVER
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**PERIODIC TEST/ HALF YEARLY/ ANNUAL EXAM
CURRICULUM WITH MARKING SCHEME : 2026-2027**

CLASS - XI

SUBJECT : PSYCHOLOGY 037

S.NO.	PT/HALF YEARLY/ ANNUAL	CHAPTER / TOPIC	MAX MARKS
1	PT 1	CHAPTER :1 WHAT IS PSYCHOLOGY?	9
		CHAPTER : 2 METHODS OF PSYCHOLOGY	11
		TOTAL	20
2	HALF YEARLY	CHAPTER :1 WHAT IS PSYCHOLOGY?	17
		CHAPTER : 2 METHODS OF PSYCHOLOGY	20
		CHAPTER : 3 HUMAN DEVELOPMENT	18
		CHAPTER : 4 SENSORY, ATTENTIONAL AND PERCEPTUAL PROCESSES	15
		TOTAL (THEORY + PROJECT/PRACTICAL)	70 + 30
3	PT 2	CHAPTER 5 : LEARNING	11
		CHAPTER 6 : MEMORY	9
		TOTAL	20
4	ANNUAL EXAMINATION	CHAPTER 1 : WHAT IS PSYCHOLOGY?	11
		CHAPTER 2 : METHODS OF PSYCHOLOGY	13
		CHAPTER 3 : HUMAN DEVELOPMENT	11
		CHAPTER 4 : SENSORY, ATTENTIONAL AND PERCEPTUAL PROCESSES	8
		CHAPTER 5 : LEARNING	9
		CHAPTER 6 : MEMORY	8
		CHAPTER 7 : THINKING	5
		CHAPTER 8 : MOTIVATION & EMOTION	5
		TOTAL (THEORY + PROJECT/PRACTICAL)	70 + 30