

**N.C Jindal Public school PUNJABI BAGH, NEW DELHI**

**ANNUAL CURRICULUM (2026-2027)**

<b>Class : I</b>	<b>Subject: _Dance</b>	<b>Subject Teacher (Prepared By): _Mr.Jai prakash sisodia / Ms.Anjali Saini</b>			<b>Designation : _PRT</b>	
	<b>Chapter Name</b>	<b>Chapter Topic / Sub Topic</b>	<b>Term I/II</b>	<b>Start Date</b>	<b>End Date</b>	<b>No. of Periods</b>
	Kathak dance	Introduction Of dance	Term 1	1-Apr-26	4-Apr-26	1
		Bhoomi Pranam	Term 1	6-Apr-26	10-Apr-26	1
		Foot Movement	Term 1	13-Apr-26	18-Apr-26	1
		Padanth of Teen taal in counting	Term 1	20-Apr-26	24-Apr-26	1
		Aerobics steps	Term 1	27-Apr-26	30-Apr-26	1
		Variations of Movement's	Term 1	1-May-26	2-May-26	1
		Kavit	Term 1	4-May-26	8-May-26	1
		Different Gestures used in Dance	Term 1	11-May-26	15-May-26	1
		All Revision	Term 1	1-Jul-26	4-Jul-26	1
		Folk dance and song	Term 1	6-Jul-26	10-Jul-26	1
		Rounds	Term 1	13-Jul-26	18-Jul-26	1
		Variations of Rounds	Term 1	20-Jul-26	24-Jul-26	1
		Tatkaar	Term 1	27-Jul-26	31-Jul-26	1
		Patriotic songs Movements	Term 1	1-Aug-26	7-Aug-26	1
		Patriotic song	Term 1	10-Aug-26	14-Aug-26	1
		Knowledge of Directions	Term 1	17-Aug-26	21-Aug-26	1
		Padanth of Teen taal bol	Term 1	24-Aug-26	27-Aug-26	1
		Theory class.	Term 1	1-Sep-26	3-9-26	1
		All revision	Term 1	7-Sep-26	10-Sep-26	1
		Test	Term 1	28-Sep-26	30-Sep-26	1
	Kathak dance	Song Western dance form	Term 2	05-Oct-26	09-Oct-26	1
		Dance Steps Hand, Foot movement	Term 2	12-Oct-26	16-Oct-26	1
		Variations of Movements in Dance form	Term 2	21-Oct-26	23-Oct-26	1
		Movement's in Speed	Term 2	27-Oct-26	28-Oct-26	1
		Revision in Dance form	Term 2	30-Oct-26	31-Oct-26	1
		( Expressions)	Term 2	02-Nov-26	06-Nov-26	1
		Kavit in Teen taal -2	Term 2	12-Nov-26	13-Nov-26	1
		Dipping	Term 2	16-Nov-26	21-Nov-26	1

		Hand Movements in Teen taal	Term 2	23-Nov-26	27-Nov-26	1
		Different movements in Ekgoon	Term 2	01-Dec-26	04-Dec-26	1
		Zumba Dance steps	Term 2	07-Dec-26	11-Dec-26	1
		Variations in Zumba Dance	Term 2	14-Dec-26	19-Dec-26	1
		Hand Movements in different styles	Term 2	21-Dec-26	24-Dec-26	1
		Practice of Tatkaar and other steps	Term 2	28-Dec-26	31-Dec-26	1
		Patriotic Song and dance	Term 2	15-Jan-27	16-Jan-27	1
		Dance Movements on song	Term 2	18-Jan-27	22-Jan-27	1
		Gestures( Mudras)	Term 2	25-Jan-27	29-Jan-27	1
		Oral class	Term 2	01-Feb-27	06-Feb-27	1
		Revision of all.	Term 2	08-Feb-27	12-Feb-27	1
		Test	Term 2	15-Feb-27	20-Feb-27	1

**Prepared by Name \_Mr.Jai prakash sisodia and Ms.Anjali Saini**

**Subject Coordinator Name : Ms. Anjali Saini**