



**N.C Jindal Public school PUNJABI BAGH, NEW DELHI**

**ANNUAL CURRICULUM (2026-2027)**

**Class : \_VII      Subject: \_Dance      Subject Teacher (Prepared By): \_Mr.Jai prakash sisodia / Ms.Anjali Saini      Designation : \_PRT**

Chapter Name	Chapter Topic / Sub Topic	Term I/II	Start Date	End Date	No. of Periods
Kathak dance	Bhumi Pranam and Taal teen taal	Term 1	1-Apr-26	4-Apr-26	2
	7 classical dance forms	Term 1	6-Apr-26	10-Apr-26	2
	Foot and Hand Movements of 7 Classical Forms	Term 1	13-Apr-26	18-Apr-26	2
	Tatkaar in Ekgoon and Dugoon	Term 1	20-Apr-26	24-Apr-26	2
	Tatkaar in Dugoon and Chogoon	Term 1	27-Apr-26	30-Apr-26	2
	2 Palte's and Thai -2	Term 1	1-May-26	2-May-26	2
	Padanth in teen taal Ekgoon to Tihai	Term 1	4-May-26	8-May-26	2
	Hast Mudra's and Expressions	Term 1	11-May-26	15-May-26	2
	Variations of Expressions	Term 1	1-Jul-26	4-Jul-26	2
	Revision of All	Term 1	6-Jul-26	10-Jul-26	2
	5 feet Rounds in Ekgoon and Dugoon	Term 1	13-Jul-26	18-Jul-26	2
	3 feet Round's and it's Variations	Term 1	20-Jul-26	24-Jul-26	2
	Written work on Navras	Term 1	27-Jul-26	31-Jul-26	2
	Patriotic songs on different dance styles	Term 1	1-Aug-26	7-Aug-26	2
	Stuti and Shloka	Term 1	10-Aug-26	14-Aug-26	2
	Bhajan bhava	Term 1	17-Aug-26	21-Aug-26	2
	Padnath of all in Teen Taal	Term 1	24-Aug-26	27-Aug-26	2
	Theory class (written work)	Term 1	1-Sep-26	3-9-26	2
	All revision	Term 1	7-Sep-26	10-Sep-26	2
	Test	Term 1	28-Sep-26	30-Sep-26	2

**Prepaid by Mr.Jai Prakash sisodia and Ms.Anjali Saini**

**Subject Coordinator Name : \_\_\_Mrs. Bharti pushkarna**



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	Chapter Name	Chapter Topic / Sub Topic	Term I/II	Start Date	End Date	No. of Periods
	Kathak dance	Guru Vandana	Term 2	05-Oct-26	09-Oct-26	2
		Tukra in Teen Taal -2	Term 2	12-Oct-26	16-Oct-26	2
		Tukra in Teen Taal -4	Term 2	21-Oct-26	23-Oct-26	2
		Saraswati Vandana	Term 2	27-Oct-26	28-Oct-26	2
		Salami in Teen Taal	Term 2	30-Oct-26	31-Oct-26	2
		Padanth of all	Term 2	02-Nov-26	06-Nov-26	2
		All Revision	Term 2	12-Nov-26	13-Nov-26	2
		Foot Movements of Odissi dance form	Term 2	16-Nov-26	21-Nov-26	2
		Hand Movement s of Odissi dance form	Term 2	23-Nov-26	27-Nov-26	2
		Moments of Ekgoon to dogoon and variation	Term 2	01-Dec-26	04-Dec-26	2
		7 classical dance forms.	Term 2	07-Dec-26	11-Dec-26	2
		Variations of Tihai in Teen Taal	Term 2	14-Dec-26	19-Dec-26	2
		Taal Kaharwa and dadra	Term 2	21-Dec-26	24-Dec-26	2
		Tatkar in Teen Taal Ekgoon to chogoon	Term 2	28-Dec-26	31-Dec-26	2
		Palte's 4, patriotic song	Term 2	15-Jan-27	16-Jan-27	2
		Bhav on Bhajan	Term 2	18-Jan-27	22-Jan-27	2
		Theory on Navras (written work)	Term 2	25-Jan-27	29-Jan-27	2
		Different Folk dance .	Term 2	01-Feb-27	06-Feb-27	2
		Revision of all with Padanth.	Term 2	08-Feb-02	12-Feb-27	2
		Theory and Test	Term 2	15-Feb-27	20-Feb-27	2

**Prepared by Name \_Mr.Jai prakash sisodia and Ms.Anjali Saini**

**Subject Coordinator Name : Mrs. Bharti pushkarna**