

KAUSHAL BODH
ANNUAL CURRICULUM PLAN

Subject: Skill Education (Vocational Education)

Class: VII

Book: *Kaushal Bodh*

Total Duration: 110 hours approx (as per book guidelines)

Approach: Project-Based Learning (3 projects – one from each form of work)

STRUCTURE OF THE YEAR

The book divides learning into 3 Forms of Work:

1. Life Forms
2. Machines & Materials
3. Human Services

Each project - 30 hours (approx.)

MONTH-WISE CURRICULUM PLAN

APRIL – MAY

UNIT 1: INTRODUCTION TO VOCATIONAL EDUCATION

Topics Covered:

- Meaning of work & dignity of labour
- Importance of vocational skills
- Safety rules & teamwork
- Introduction to 3 forms of work

Learning Outcomes:

- Understand the meaning of work and vocational education
- Identify different types of work in daily life
- Recognize the concept of dignity of labour
- Participate in discussions and express ideas clearly
- Identify basic safety rules while working
- Observe and classify different occupations
- Demonstrate basic planning for a project

Activities:

- Class discussion: “What is work?”
- Role play on different professions
- Safety rules chart making

Assessment:

- Oral responses
- Participation

JULY

PROJECT 1: LIFE FORMS

(Plant Nursery / School Habitat Garden)

Concepts:

- Plants, biodiversity, ecosystem
- Seed germination & care
- Environmental awareness

Learning Outcomes:

- Understand plant growth requirements (soil, water, sunlight)
- Learn basic concepts of biodiversity and ecosystem
- Use basic gardening tools safely
- Monitor plant growth and maintain logs
- Perform watering, weeding, and nurturing
- Predict plant growth under different conditions
- Identify problems affecting plant growth

Weekly Breakdown:

- Week 1–2: Introduction + planning nursery
- Week 3–4: Soil preparation & sowing
- Week 5–6: Plant care & observation
- Week 7–8: Recording growth & reflection

Activities:

- Seed sowing
- Compost making

- Field visit (garden/nursery)

Assessment:

- Activity book work
- Observation checklist
- Portfolio (photos, notes)

AUGUST – SEPTEMBER

PROJECT 2: MACHINES & MATERIALS

(Tie & Dye / AI Assistant)

Option A: Tie & Dye

- Fabric design techniques
- Use of tools & materials
- Creativity & patterns

Option B: AI Assistant

- Basic AI & machine learning
- Data recognition
- Digital skills

Learning Outcomes:

- Understand use of materials, tools, and techniques (Tie & Dye / AI basics)
- Learn basics of design and creation
- Use tools carefully (fabric tools or digital tools)
- Plan a product (design thinking)
- Solve simple practical problems
- Apply trial-and-error learning

Weekly Breakdown:

- Week 1–2: Introduction & demo
- Week 3–4: Practice activity
- Week 5–6: Product creation
- Week 7–8: Improvement & presentation

Activities:

- Designing cloth (Tie & Dye)
- Training simple AI model (basic level)

Assessment:

- Product evaluation
- Viva / demonstration

OCTOBER – DECEMBER

PROJECT 3: HUMAN SERVICES

(Puppetry / Family Health Handbook)

Option A: Puppetry

- Script writing
- Puppet making
- Storytelling

Option B: Family Health Handbook

- Nutrition & hygiene
- Mental & physical health
- Care for different age groups

Learning Outcomes:

- Understand role of human services in society
- Learn basics of communication and care
- Plan scripts or health content
- Organize tasks in groups
- Present ideas confidently
- Identify needs of people (health / awareness)
- Connect service with real-life problems
- Reflect on effectiveness of communication

Weekly Breakdown:

- Week 1–2: Planning
- Week 3–4: Creation
- Week 5–6: Practice

- Week 7–8: Final presentation

Activities:

- Puppet show
- Health awareness booklet

Assessment:

- Presentation
- Group work
- Reflection

JANUARY

REVISION + KAUSHAL MELA (CULMINATION)

As suggested in the book:

- Organize **Kaushal Mela** to showcase student work

Learning Outcomes:

- Recall and integrate learning from all projects
- Understand real-world application of skills
- Present work in exhibition format
- Maintain portfolio
- Reflect on personal growth
- Evaluate strengths and areas of improvement

Activities: Exhibition of:

- Plants / garden
- Tie & Dye products / AI models
- Puppet show / Health handbook

Assessment: Final evaluation based on:

- Portfolio
- Presentation
- Teacher observation