



**N.C. JINDAL PUBLIC SCHOOL**

**PUNJABI BAGH, NEW DELHI**

**Periodic Test/Half Yearly/Annual Exam Curriculum with Marking Scheme : 2026-2027**

<b>Class :</b>	<b>XII</b>	<b>Subject : HOME SCIENCE</b>	
<b>S.No.</b>	<b>PT/Half Yearly/Annual</b>	<b>Chapter / Topic</b>	<b>Max. Marks</b>
1	PERIODIC TEST I	Work, livelihood and Career	10
		Clinical Nutrition	10
		<b>TOTAL MARKS</b>	<b>20</b>
2	PERIODIC TEST II	Public nutrition and health	10
		Food processing and technology	10
		<b>TOTAL MARKS</b>	<b>20</b>
3	HALF YEARLY EXAMINATION	Work, Livelihood and Career	5
	H. Yearly Examination	Clinical nutrition	10
		Public nutrition and health	10
		Food processing and technology	10
		Food quality and food safety	10
		Early childhood care and education	5
		Management of support services	10
		Design for fabric and apparel	10
		<b>TOTAL MARKS</b>	<b>70</b>
3	PERIODIC TEST III	Design for fabric	10
		fashion design and merchandising	10
		<b>TOTAL MARKS</b>	<b>20</b>
4	PREBOARD I	Work, livelihood and career	5
		Clinical nutrition	23
		Public nutrition and Health	
		Food processing and technology	
		Food quality and safety	
		Early childhood care and education	10
		Management of support services	
		Design for fabric and apparel	17
		Fashion design and merchandising	
		Care and Maintenance of fabrics in institutions	10
		Hospitality Management	
		Consumer education and Protection	
		Development communication and journalism	5
		<b>TOTAL</b>	<b>70 MARKS</b>



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Class :	Subject:	Subject Teacher (Prepared By): <u>BHARTI PUSHKARNA</u>			Designation : <u>PGT</u>	
Academic Book	Chapter Name	Chapter Topic / Sub Topic	Term I/II	Start Date	End Date	No. of Periods
Human Ecology and Family	Work, livelihood and Career	Work and meaningful work	I	01.4.2026	4/4/2026	4
Sciences PART I&II		job, livelihood and career	I			
		Traditional occupations in India, Agriculture	I	4/6/2026	4/6/2026	1
		Handicrafts, Indian cuisines, Visual arts	I			
		work, age and gender, gender issues in relation to work	I	4/7/2026	4/9/2026	2
		issues relation to women and work	I	10.4.2026	10.4.2026	1
		KGBV, BBBP	I			
		Attitudes and Approaches to work	I	4/13/2026	4/14/2026	3
		life skills, essential soft skills, ergonomics	I			
		Benefits of ergonomics, Entrepreneurship, definition and	I	4/15/2026	4/16/2026	2
2	Clinical Nutrition and Dietetics	Introduction, nutrition and clinical nutrition	I	4/17/2026	4/18/2026	3
		significance, basic concepts	I	4/18/2026	4/20/2026	2
		diet therapy, types of diet- regular diet and modified diet	I			
		changes in consistency	I	4/21/2026	4/23/2026	4
		feeding routes, prevention of chronic diseases	I			
		preparation of career, scope	I			
3	Public Nutrition and health	Introduction, significance Nutrition problems of India, PEM, Micronutrient	I	4/24/2026	4/28/2026	4
		deficiency, IDA, VAD, IDD	I			
		Strategies to tackle nutrition problems	I	4/29/2026	4/30/2026	2
		Diet or food based strategies therapy	I	5/2/2026	5/7/2026	4
		Nutrition based strategies	I			
		Nutrition programmes operating in India	I	5/8/2026	5/14/2026	6
		ICDS, NDCP, SP and FSP, Health care and scope	I			
4	Food Processing and Technology	Basic concepts, Food science, food processing, Food technology,	I	7/1/2026	7/4/2026	4
		food manufacturing, development of food processing and technology	I	7/6/2026	7/7/2026	2
		Importance of food processing and Preservation	I	7/8/2026	7/10/2026	3
		classification of food on the basis of extent and type of food processing	I	7/13/2026	7/14/2026	3
		preparing for a career and scope	I	7/17/2026	7/17/2026	2

5	Food quality and food safety	Introduction, significance, basic concepts	I	7/18/2026	7/20/2026	5
		food safety, toxicity and hazard	I	21-7-2026	22-07-2026	2
		food infection, food poisoning, food quality	I	23-07-2026	24-7-2026	2
		Food standards Regulation in India	I	7/27/2026	7/28/2026	4
		FSSAI 2006, International organisations and agreement	I			
		CAC, ISO, WTO, GMP, GHP, HACCP	I	7/29/2026	7/31/2026	
		codex Alimentarius Commission	I	8/1/2026	8/3/2026	4
		International standardization organisation	I	8/4/2026	8/4/2026	2
		Scope	I	8/5/2026	8/5/2026	2
6	Early childhood care and education	significance, basic concepts, objectives and guiding principles of NCF, concept of day care and creche, career	I	7/31/2026	8/4/2026	6
7	Management of support	Why are children vulnerable	I	8/5/2026	8/11/2026	6
	services, institutions, programmes	Institutions, programmes and initiatives for children	I	8/12/2026	8/13/2026	2
	for children, youth and elderly	ICDS, SOS Children's Village, Children's Home run by the govt., Adoption	I	8/14/2026	8/14/2026	2
		Why are youth vulnerable, youth programmes	I	8/17/2026	8/18/2026	3
		in India. Why elderly are vulnerable,	I	8/19/2026	20-08-2026	2
		elderly programmes in India	I	8/21/2026	8/24/2026	3
8	Fabric and Apparel	Basic concepts, design, structural, applied,	I	8/25/2026	8/27/2026	2
		elements of design	I	9/1/2026	9/3/2026	3
		principles of design	I	9/5/2026	9/8/2026	6
		preparing for a career and scope	I	9/9/2026	9/9/2026	2
9	Fashion design and Merchandising	Introduction, significance, basic concepts,	II	10/4/2026	10/6/2026	6
		fashion development, fashion merchandising	II			
		, fashion evolution	II	10/7/2026	10/12/2026	6
		fashion retail organisation	II	10/13/2026	10/13/2026	2
		preparing for a career and scope	II	10/14/2026	10/14/2026	2
10	Care and Maintenance of	basic concepts- washing equipments, drying equipments, ironing and pressing	II	10/21/2026	10/31/2026	8
	fabrics in institutions	institutions, career and scope	II	2.11-2026	11/4/2026	4
11	Hospitality Mgt	Introduction, significance, basic concepts	II	5-11-2026	11/6/2026	3
		departments involved in hospitality mgt	II	11/12/2026	11/13/2026	4
		Scope	II	11/16/2026	11/16/2026	2
12	Consumer education and	consumer products, consumer behaviour	II	11/17/2026	11/1/2026	4
	Protection	consumer forum, consumer footfalls	II	11/19/2026	11/19/2026	2
		consumer problems and rights	II	11/20/2026	11/20/2026	4

		standardized marks	II	11/21/2026	11/21/2026	2
		protection councils, consumer responsibilities	II	11/23/2026	11/23/2026	2
		consumer responsibilities, scope	II	11/25/2026	11/25/2026	2
13	Development communication	Development journalism, development communication	II	11/26/2026	11/27/2026	2
	and Journalism	methods of communication, campaign, print media	II	11/30/2026	11/30/2026	3
		knowledge and skills	II	12/1/2026	12/1/2026	2
	<b>Prepared by-</b>	<b>BHARTI PUSHKARNA</b>				