

N.C. JINDAL PUBLIC SCHOOL			
PUNJABI BAGH, NEW DELHI			
Periodic Test/Half Yearly/Annual Exam Curriculum with Marking Scheme : 2025-2026			
Class :	XII	Subject : HOME SCIENCE	
S.No.	PT/Half Yearly/Annual	Chapter / Topic	Max. Marks
1	PERIODIC TEST 1	Work, livelihood and Career	10
		CLINICAL NUTRITION	10
TOTAL MARKS			20
2	PERIODIC TEST 2	Food processing and Technology	10
		Food Quality and safety	10
TOTAL MARKS			20
3	H. Yearly Examination	Work. Livelihood and Career	5
		Clinical nutrition	10
		Public nutrition and health	10
		Food processing and technology	10
		Food quality and food safety	10
		Early childhood care and education	5
		Management of support services	10
		Design for fabric and apparel	10
TOTAL MARKS			70
4	PERIODIC TEST - 3	Hospitality Management	10
		Fashion designing and merchandising	10
TOTAL MARKS			20
5	PREBOARD I	work, livelihood and Career	10
		Clinical nutrition	23
		Public nutrition and Health	
		Food processing and technology	
		Food quality and safety	
		Early childhood care and education	
		Management of support services	10
		Design for fabric and apparel	17
		Fashion design and merchandising	
		Care and Maintenance of fabrics in institutions	10
		Hospitality Management	
		Consumer education and Protection	
		Development communication and journalism	5
TOTAL			70 MARKS

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Class : <u>XII</u>	Subject: <u>HOME SCIENCE</u>	Subject Teacher (Prepared By): <u>BHARTI PUSHKARNA</u>			Designation : <u>PGT</u>	
Academic Book	Chapter Name	Chapter Topic / Sub Topic	Term I/II	Start Date	End Date	No. of Periods
Human Ecology and Family	Work, livelihood and Career	Work and meaningful work	I	5.4.2025	5.4.2025	1
Sciences PART I&II		job, livelihood and career	I	7.4.2025	7.04.2025	1
1		Traditional occupations in India, Agriculture	I	8.04.2025	8.4.2025	1
		Handicrafts, Indian cuisines, Visual arts		9.4.2025	9.4.2025	1
		work, age and gender, gender issues in relation to work		11.4.2025	11.4.2025	1
		issues related women and work, govt. Initiatives	I	11.4.2025	11.4.2025	1
		KGBV, BBBP	I	15.4.2025	15.4.2025	1
		Attitudes and Approaches to work	I	16.4.2025	16.4.2025	1
		life skills for livelihood	I	17.4.2025	17.4.2025	1
		Essential soft skills at workplace	I	17.4.2025	17.4.2025	1
		Ergonomics and entrepreneurship	I	19.4.2025	19.4.2025	1
		Nutrition, clinical nutrition, significance and concepts	I	21.4.2025	21.4.2025	1
2	Clinical Nutrition and Dietetics	Types of diets	I	22.4.2025	22.4.2025	1
		changes in consistency	I	23.4.2025	23.4.2025	1
		Feeding routes	I	24.4.2025	24.4.2025	1
		prevention of chronic diseases, preparing for career and scope	I	25.4.2025	25.4.2025	1
3	Public Nutrition and health	Introduction and significance	I	28.4.2025	28.4.2025	1
		basic concept, public health and nutrition	I	29.4.2025	30.4.2025	2
		Nutrition problems in India, Protein energy malnutrition ,	I	1.5.2025	1.5.2025	1
		Micronutrient deficiencies	I	2.5.2025	3.4.2025	4
		Strategies / Interventions to tackle nutrition problems	I	5.5.2025	13.5.2025	6
		Nutritional programmes operating in India, ICDS, Nutrient	I	14.5.2025	15.5.2025	3
		health care and scope	I	15.5.2025	16.5.2025	2
4	Food Processing and Technology	Introduction and significance , Basic concept	I	1.7.2025	4.7.2025	4
		Development of food processing	I	5.7.2025	7.7.2025	4
		Importance of food processing and Preservation	I			
		classification of the food on the basis of extent and type of processing	I	8.7.2025	11.7.2025	4
		preparing for career and scope	I	14.7.2025	15.7.2025	3
5	Food quality and foodsafety	Introduction , significance and Basic concepts	I	17.7.2025	21.7.2025	5
		Food safety, Hazards, Food infection, Food processing	I			
		Food Quality , FSSAI 2006	I	24.7.2025	25.7.2025	4
		International organisation, CAC, ISO, WTO	I	26.7.2025	28.7.2025	4
		Food safety management , GHP, GMP, HACCP	I	29.7.2025	30.7.2025	

6	Early childhood care and education	Significance, basic concept, preparing for a career, Scope	I	31.7.2025	4.8.2025	6
7	Management of support	why are children, youth and elderly vulnerable	I	5.8.2025	11.8.2025	6
	services,institutions, programmes	youth programmes in India	I			
	for children, youth and	Some programmes for elderly	I			
	elderly		I			
		preparing for career and scope	I	14.8.2025	18.8.2025	6
			I	21.8.2025	22.8.2025	3
8	Design for fabric and apparel	Introduction , basic concepts	I	23.8.2025	4.9.2025	2
		Elements of Design	I	4.9.2025	8.9.2025	6
		Principles of design, preparing for career and scope	I			
9	Fashion design and Merchandising	Introduction , basic concepts, significance	II	3.10.2025	6.10.2025	6
		Fashion terminology, Fashion development				
		Fashion merchandising		7.10.2025	10.10.2025	6
		Fashion retail Organisation				
		preparing for career and scope				
10	Care and Maintenance of	Introduction, Basic concepts , washing equipments, Drying equipments, Ironing / pressing equipment	II	13.10.2025	16.10.2025	5
	fabrics in institutions		II	16.10.2025	17.10.2025	4
11	Hospitality Mgt	Intrduction, Significance, Basic concepts	II	24.10.2025	27.10.2025	3
		Departments involved in hospitalitymanagement	II	29.10.2025	30.10.2025	2
		Scope	II	31.10.2025	331,102,025	1
12	Consumer education and	Introduction , significance of consumer education and	II	3.11.2025	4.11.2025	4
	Protection		II			
		Consumer product, consumer forum, consumer problems ,	II	6.11.2025	10.11.2025	5
		scope	II			
13	Development communication	development ,development journalism, development communication, methods of communication , information and communication technology	II	12.11.2025	18.11.2025	5
	and Journalism	Knowledge and skills required , scope and career	II	19.11.2025	21.11.2025	4

Prepared by-BHARTI PUSHKARNA